

REGISTRATION

BLOCK letters please

NAME.....

ADDRESS

.....

PHONE

EMAIL

PAYMENTS (please tick)

I enclose cheque/ money order payable to: "ACMC"

I have made an EFT - see reverse for details

Amount \$..... as full payment / \$150 deposit for:

- Kevin Fagan – single room \$785 / early bird \$735
- St. Johns – single room \$710 / early bird \$660
- Dormitory – single cubicle \$550 / early bird \$500
- Donation towards scholarships fund \$.....

Please Note: Early bird payment in full is due by 1 May
Other payment in full is due by 31 August

TOTAL AMOUNT DUE \$

TOTAL AMOUNT ENCLOSED: \$.....

I require ground floor accommodation: Yes No

Other special needs:

.....

Dietary Requirements:

Vegetarian

Other.....

If you require further information:

email Judi Taylor at palmy@ozemail.com.au

or phone 02 9904 4638

Please forward this Registration form with your payment.



Laurence Freeman OSB

Fr. Laurence Freeman is a Benedictine monk of the Congregation of Monte Oliveto and Director of The World Community for Christian Meditation. His spiritual teacher was John Main OSB with whom he studied and whom he helped in the establishment of the first Christian Meditation Centre in London.

After John Main's death in 1982 Fr. Laurence continued the work of teaching meditation that had begun to develop as a global community. In 1991 he established the International Centre of the newly formed World Community for Christian Meditation that is now present in about a hundred countries. There are meditation groups around the world, with 400 groups in all Australian States and Territories.

Fr. Laurence is the author of many books and articles including *Light Within*, *The Selfless Self*, *Web of Silence*, *Common Ground*, *A Short Span of Days*, *Your Daily Practice* and *Jesus: The Teacher Within*.

Fr. Laurence has conducted dialogues and peace initiatives such as the historic *Way of Peace* with the Dalai Lama and is active in inter-religious dialogue with other faiths as well as in encouraging the teaching of Christian meditation to children and students and in the re-appropriation of the contemplative wisdom tradition in the Church and society at large.

Visit these websites for more information:

International website: www.wccm.org

Australian website: www.christianmeditationaustralia.org

THE AUSTRALIAN CHRISTIAN MEDITATION
COMMUNITY

presents

A SILENT RETREAT

with

Laurence Freeman OSB

10 to 16 October 2009

St Ignatius College, Riverview
Sydney



"Practice Makes Perfect - Or Does it?"

When religion is fixated on perfection it tends to lead its followers astray. Spiritual practice however also needs some sense of goals and stages - yet John Main tells us to meditate without demands or expectations and not to evaluate our progress. In this retreat Fr Laurence will explore these questions in the light of the Christian experience of meditation as a life-path, and also of the undeniable fruits of the practice at every level of our humanity.

THE AUSTRALIAN CHRISTIAN MEDITATION
COMMUNITY

Invites you

to participate in this

Six-day silent residential retreat

at St Ignatius College Riverview, Sydney

From 10 to 16 October 2009

The spirit of the retreat will be silent, mindful and friendly. Each day there will be a conference by Fr. Laurence, contemplative Eucharist and five periods of meditation.

There will be times for personal reflection and the opportunity to explore the meaning of your spiritual journey in this day and age whether you meditate regularly or are taking this time to re-engage with your practice of meditation.

St. Ignatius College is a boys' boarding school about 9km from central Sydney. It is set in a tranquil environment on the banks of the Lane Cove River and is surrounded by extensive gardens and native bush. Maps of the walking tracks will be provided.

How to get there:

*A shared taxi from the airport is the cheapest and easiest option. Approx. \$55 - \$65

*Car parking is available at the College.

Public transport details will be included in letter to be sent to all who register, closer to time.

Registration: 1p.m. to 4p.m. on Saturday 10th
All participants are required to be present from
10 to 16 October 2009, inclusive.



GENERAL INFORMATION

This is a silent fully residential Retreat
5.30 p.m. Saturday 10 October

to

11a.m. Friday 16 October 2009

at

St Ignatius College, Tambourine Bay Rd
Riverview, Sydney

There are three single accommodation options.

1. The more modern Kevin Fagan house.
 2. St. Johns house – recently renovated. or
 3. Single curtained cubicle in school dormitory
- See website for description of accommodation options.
The cost includes all meals, accommodation and linen.

Please note: Before 10 September, deposits/full payments will be refunded less administrative costs. After this date payments are non-refundable.

Payment Options: Cheque or Money Order or EFT

- A deposit of \$150 will secure your registration.
- Early bird payable in full by **1 May, 2009**
- Other payment in full by **31 August, 2009**

EFT PAYMENT DETAILS:

EFT to: ACMC Conference A/c
BSB 085 458; Account 867884064

Reference: your own name

EFT Payments: Please email Judi at:

palmy@ozemail.com.au to advise your name, address, amount and date deposited, to enable us to track your payment/s. Then post your completed registration form to the address below.

Other payments: send Registration form with cheque or money order to:

Judi Taylor 8 Montague Rd, Cremorne. NSW 2090

Scholarships: Some partial scholarships may be available. Please help others to come to this retreat by making a donation according to your means.
We welcome any amount given.



“The early Fathers of the Church describe the call to meditation as a call to purity of heart, a vision unclouded by egoism or by desire or by images, a heart simply moved by love. [They] saw that purity of heart was *the* necessary condition for the whole purpose of the Christian life, which they saw as being to see God with absolute clarity. Meditation is our way to that clarity of vision ... “Blessed are the pure of heart, for they shall see God.”

The essence of meditation is to stop thinking about yourself and to listen to the word. The difficulty of it is that it reduces you down to a point of zero, and you want to think about yourself. You want to ask, “Am I making progress? Am I getting nearer to enlightenment? Is this actually working? But you must abandon all those thoughts, and you have to take it on faith that it is being reduced to that zero point that takes you through on the other side, into the infinity of God’s love.”

The hunger for depth and meaning John Main OSB

